

# Hawk Mountain Weekend Packing List

items marked with an \* are required all other items suggested

- All Attendees must be a current member of CIVIL AIR PATROL with a valid Membership Card
- All attendees must be safety current in eServices prior to arrival, and have completed all required Safety and ORM training in eServices.
  - All members must submit a completed CAPF-31, 160, 161 for each activity signed by unit commander [http://www.capmembers.com/forms\\_publications\\_regulations/forms/](http://www.capmembers.com/forms_publications_regulations/forms/)
- Parental permission is required for all Cadets.
- PA Wing members already have Wing Commander and NER Commanders authorization.
- Members from other Wings and Regions must have authorization from their Wing and Region Commanders, this authorization may be electronic.
- For Weekend activities email completed and signed CAPF-31, 160 and 161 to [rangerstaff@yahoo.com](mailto:rangerstaff@yahoo.com) or fax to 888-528-1561 at least 3 days in advance of the weekend.
- **Do not mail to PA Wing HQ, as the event is not at the PA Wing address.**
- July Summer School Applications must be completed these on the National Special Activities website: <http://ncsas.com>
- Each member is responsible for their own testing sheets (Ranger Grade and SQRT Worksheets) you will need to print the SQRT Worksheets you are working on, kept them with you at all times you, have your instructor sign the task you complete with them
- 101 SQRT sheets can be found on the <https://www.capnhq.gov> Click **My Operations Qualifications National Reports** then click **emergency services at the top**

Ranger Testing Sheet are linked on the bottom on the [Hawk home page](#)

## On Person –

- \_\_\_ Clean BDU Uniform \* (CAPM 39-1)
- \_\_\_ Orange hat \* (Required)
- \_\_\_ Small pocket knife
- \_\_\_ Money for weekend and supplies\*
- \_\_\_ Wallet with current CAP ID and required paperwork\*
- \_\_\_ Pencils and pens, and a small notebook in zip lock bag\*
- \_\_\_ Glasses - have a strap for them – do not bring contacts
- \_\_\_ Good boots \* (in winter months must be insulated waterproof boots)

## Safety Gear\* – REQUIRED FOR EVERYONE (These can be purchased at HMRS BX)

- \_\_\_ Leather work gloves \*
- \_\_\_ Orange hard hat, with elastic chin strap or nape strap \*
- \_\_\_ Orange safety vest \*
- \_\_\_ Eye protection (goggles or safety glasses) \*

## Day Gear - waterproof packed - last name on everything

- \_\_\_ Day pack or military web gear \*
- \_\_\_ Snack food \*
- \_\_\_ Eating Utensils \*
- \_\_\_ 2 canteens, (or 1 canteen and 1 hydration system) \*
- \_\_\_ Sierra cup or canteen cup
- \_\_\_ 2 poncho (or 1 rain suit and 1 poncho) \*
- \_\_\_ 1" nylon tubular webbing - 15' long
- \_\_\_ 2 pr. latex examination gloves \*
- \_\_\_ Personal 1st aid kit: (a small one, about 2" x 3") Band-Aids, gauze pads, tape, iodine, first aid cream, moleskin, cough drops, personal medication, alcohol preps, waterless soap and personal hygiene items.\*

- \_\_\_ Survival kit: metal signal mirror, wooden matches/waterproof with striker, sewing needle & heavy nylon thread, 5' to 10' steel 30 ga. snare wire, small pliers, little candle, butane lighter, fishhook, safety pins, garbage bag, mylar emergency blanket, water purifier tabs, 3' heavy duty aluminum foil (Optional)
- \_\_\_ Flashlight and spare batteries \*
- \_\_\_ Insect repellent (DEET is effective on ticks)
- \_\_\_ Sunscreen
- \_\_\_ 25' Paracord (or heavy nylon cord)
- \_\_\_ Handkerchief
- \_\_\_ Roll of white toilet paper in waterproof container\*
- \_\_\_ Pencils, pens, protractor, mm. Rule
- \_\_\_ Silva and/or Lensatic type compass
- \_\_\_ Duct tape
- \_\_\_ Roll of blazing / surveyors tape
- \_\_\_ Extra socks\*

**Extended Gear** - waterproof packed - last name on everything

- \_\_\_ Field pack - \*
- \_\_\_ Sleeping bag - in waterproof, brushproof bag \*
- \_\_\_ Tent with all poles, stakes, and lines
- \_\_\_ Ground cloth, military poncho, or tarp \*
- \_\_\_ Foam sleeping pad
- \_\_\_ Extra uniform and uniform items (Shirts, socks, underwear etc...)
- \_\_\_ Extra field jacket with liner or other cold weather jacket \*
- \_\_\_ Extra flashlight or headlamp, w/extra batteries
- \_\_\_ 5 garbage bags\*
- \_\_\_ Food for weekend \*
- \_\_\_ Can opener
- \_\_\_ Brillo pad
- \_\_\_ Heavy duty aluminum foil 1' to 2'

**Tents** – Due to safety and accountability concerns, cadet students will share tents with other cadets; all students should expect to be assigned tent mates. Packing a tent is encouraged, but not mandatory. Cadets, who choose not to bring a tent, must bring an extra 10' x 12' tarp as part of a shelter. Recommended size for tents is 2 to 4-man, but a 5 to 6-man is acceptable. Tents will be set up according to need and all tents may not be used. During the school, tents are used for sleeping only. All equipment is kept in a squadron equipment tent. If you do not own a tent do not purchase one just for the weekend.

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