

Ranger Command & General Staff - 6 day

Equipment that will be needed if attending the school (This is a modified equipment list for the 6 day course) If you plan on attending the entire 9 day course please follow the Overhead Team Management Course listed on Hawk Mt Ranger School Website <https://pawg.cap.gov/hawk-courses>

PUT YOUR LAST NAME ON ALL ITEMS - Consider a large backpack, duffel bag or a large heavy duty plastic container

Uniforms - Folded and waterproof packed

- ___ 2 pair or more BDU shirt and pants, insignia (CAPM 39-1)
- ___ 2 pair uniform boots - (1 pair may be hiking boots with good insoles, they are permitted for FTX)
- ___ Wallet with VALID CAP MEMBERSHIP CARD and Photo I.D. card
- ___ Money
- ___ Watch
- ___ Pocket knife (Pack this in your checked baggage)
- ___ Small orienteering or lensatic type compass on lanyard
- ___ Eating Utensils - Plastic works best
- ___ Pencils and pens, and a small notebook
- ___ Several blousing bands and extra black boot laces
- ___ Glasses? - have a strap for them too
- ___ Medications? - in pharmacy container w/name, dosage and physician (inhalers, bee sting kits, etc.)
- ___ Pain relievers and over the counter medications must be in their original containers

Other Clothing items - waterproof packed - zip lock bags are good

- ___ 1 extra pairs BDU trousers (for PT sweat pants/jeans may be worn)
- ___ underwear & socks
- ___ T-shirts brown, white, green, orange, or olive drab ONLY! **Do Not** Bring Black T-Shirts, these are to be worn by our staff only!
- ___ Wool, polypropylene or fleece sweater, sweat shirt, or jacket
- ___ Swimsuit or gym shorts

Personal Hygiene items - waterproof and packed in a shower bag. Last name on everything

- ___ 1-2 bath towels & wash clothes
- ___ Personal hygiene supplies including shampoo, deodorant, brush, toothbrush, and paste, shaving supplies or feminine hygiene items, soap, etc.
- ___ Box of moist towelettes or baby wipes
- ___ Foot powder
- ___ Bag for dirty clothes

IF YOU HAVE A LAPTOP COMPUTER, YOU MAY WISH TO BRING IT FOR USE DURING THE SCHOOL.

Day Gear - waterproof packed - last name on everything

- ___ Rugged day pack
- ___ 2 canteens, (or 1 canteen type container and 1 hydration system)
- ___ Sierra cup or canteen cup
- ___ 1 rain suit and 1 poncho
- ___ Leather work gloves
- ___ 2 pr. examination gloves latex or similar
- ___ Eye protection (goggles or safety glasses)
- ___ Personal 1st aid kit: (a small one, about 2" x 3") Band-Aids, gauze pads, tape, first aid cream, moleskin, cough drops, personal medication, alcohol preps, waterless soap.
- ___ Flashlight and spare batteries & bulbs
- ___ Insect repellent (DEET is effective on ticks)
- ___ Sunscreen
- ___ Handkerchief
- ___ Roll of white toilet paper in waterproof container
- ___ Navigation Aids (optional if you have them)
- ___ Camera (Optional)

The BX will have a supply of Insect repellent, sunscreen, gloves, poncho, etc. if you do not have the packing space.

Field Equipment - waterproof packed - last name on everything (overnight field exercise)

- ___ Back Pack
- ___ Sleeping bag
- ___ Tent with all poles, stakes, and lines (Optional if you want to sleep in your own)
- ___ Closed cell sleeping pad (Optional)
- ___ Optional extra field jacket with liner or other cold weather jacket
- ___ Extra flashlight or headlamp, 2 sets extra batteries, extra bulb

Food

___ Snack food i.e.: granola bars, beef jerky, nuts, dried fruit hard candies, trail mix, cereals, and crackers

Food will be provided with your course; however you might consider bringing snacks. Snacks, Soda, Juice will be available at the BX nominal cost.

****Please note: There are several mandatory uniform items. These items are included in your package that you will receive during check-in. They include – Orange Hard Hat, Orange Baseball Hat, and Orange Vest.***

Make sure you Pick Orange or bright colors for Search and Rescue equipment. Some items are available for purchase at the school. Check our BX page <https://pawg.cap.gov/bx>

If you need to ship your food and any other equipment prior to the school, it can be shipped via UPS or FedEx to:

Hawk Mountain Ranger School
Attn: Your Name and CAPID #
218 Pine Swamp Road
Kempton, PA 19529

****NOTE** You must advise the shipping company you are using that your packages must be delivered between 5 July and 6 July 2013. No one will be available to sign for your packages before July 5. We can only accept packages. We have no means of shipping equipment back after the School. You will need to take all of your equipment home with you at the end of the school.**