

# Hawk Mountain Weekend Packing List

items marked with an \* are required all other items suggested

- All Attendees must be a current member of CIVIL AIR PATROL with a valid Membership Card
- All attendees must be safety current in eServices prior to arrival, and have completed all required Safety and ORM training in eServices.
- All members must submit a completed CAPF-31 for each activity signed by unit commander [https://pawg.cap.gov/sites/default/files/HMRSCAPF31\\_0.pdf](https://pawg.cap.gov/sites/default/files/HMRSCAPF31_0.pdf)
- Cadets under 18 must have signed parental permission.
- PA Wing members already have Wing Commander and NER Commanders authorization.
- Members from other Wings and Regions must have authorization from their Wing and Region Commanders, this authorization may be electronic
- For Weekend activities email completed and signed CAPF-31 to [rangerstaff@yahoo.com](mailto:rangerstaff@yahoo.com) or fax to 888-528-1561.
- **Do not mail to PA Wing HQ, as the event is not at the PA Wing address.**
- July Summer School Applications must be completed these on the National Special Activities website: <http://ncsas.com>
- Each member is responsible for their own testing sheets (Ranger Grade and SQRT Worksheets) you will need to print the SQRT Worksheets you are working on, kept them with you at all times you, have your instructor sign the task you complete with them
- 101 SQRT sheets can be found on the <https://www.capnhq.gov> Click **My Operations Qualifications National Reports** then click **emergency services at the top**

Ranger Testing Sheet are linked on the bottom on the [Hawk home page](#)

## On Person –

- \_\_\_ Clean BDU Uniform \* (CAPM 39-1)
- \_\_\_ Orange hat \* (Required)
- \_\_\_ Small pocket knife
- \_\_\_ Money for weekend and supplies\*
- \_\_\_ Wallet with current CAP ID and required paperwork\*
- \_\_\_ Pencils and pens, and a small notebook in zip lock bag\*
- \_\_\_ Glasses - have a strap for them – do not bring contacts
- \_\_\_ Good boots \* (in winter months must be insulated waterproof boots)

## Safety Gear\* – REQUIRED FOR EVERYONE (These can be purchased at HMRS BX)

- \_\_\_ Leather work gloves \*
- \_\_\_ Orange hard hat, with elastic chin strap or nape strap \*
- \_\_\_ Orange safety vest \*
- \_\_\_ Eye protection (goggles or safety glasses) \*

## Day Gear - waterproof packed - last name on everything

- \_\_\_ Rugged day pack or military web gear \*
- \_\_\_ Snack food \*
- \_\_\_ Eating Utensils \*
- \_\_\_ 2 canteens, (or 1 canteen and 1 hydration system) \*
- \_\_\_ Sierra cup or canteen cup
- \_\_\_ 2 poncho (or 1 rain suit and 1 poncho) \*
- \_\_\_ 1" nylon tubular webbing - 15' long
- \_\_\_ 2 pr. latex examination gloves \*
- \_\_\_ Personal 1st aid kit: (a small one, about 2" x 3") Band-Aids, gauze pads, tape, iodine, first aid cream, moleskin, cough drops, personal medication, alcohol preps, waterless soap and personal hygiene items.\*

- \_\_\_ Survival kit: metal signal mirror, wooden matches/waterproof with striker, sewing needle & heavy nylon thread, 5' to 10' steel 30 ga. snare wire, small pliers, little candle, butane lighter, fishhook, safety pins, garbage bag, mylar emergency blanket, water purifier tabs, 3' heavy duty aluminum foil (Optional)
- \_\_\_ Flashlight and spare batteries & bulbs \*
- \_\_\_ Insect repellent (DEET is effective on ticks)
- \_\_\_ Sunscreen
- \_\_\_ 25' Paracord (or heavy nylon cord)
- \_\_\_ Handkerchief
- \_\_\_ Roll of white toilet paper in waterproof container\*
- \_\_\_ Pencils, pens, protractor, mm. Rule
- \_\_\_ Silva and/or Lensatic type compass
- \_\_\_ Duct tape
- \_\_\_ Roll of blazing / surveyors tape
- \_\_\_ Extra socks\*

**Extended Gear** - waterproof packed - last name on everything

- \_\_\_ Field pack - thoroughly inspected, adjusted for full load \*
- \_\_\_ Sleeping bag - in waterproof, brushproof bag \*
- \_\_\_ Tent with all poles, stakes, and lines
- \_\_\_ Ground cloth, military poncho, or tarp \*
- \_\_\_ Foam sleeping pad
- \_\_\_ Extra uniform and uniform items (Shirts, socks, underwear etc...)
- \_\_\_ Extra field jacket with liner or other cold weather jacket \*
- \_\_\_ Extra flashlight or headlamp, 2 sets extra batteries, extra bulb
- \_\_\_ 5 garbage bags\*
- \_\_\_ Food for weekend \*
- \_\_\_ Can opener
- \_\_\_ Brillo pad
- \_\_\_ Heavy duty aluminum foil 1' to 2'

items marked with an \* are required the other items are suggested